

Return To: LAADS
 Community Health Clinic
 19 Douglas Street
 Hamilton ML3 0BP

Name: Address: Post Code:	D.O.B: / / CHI: _ _ _ _ Tel No: (This is important as it may help staff to contact you to get an appointment.)
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GP:	Surgery:
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Details of your children and any other children that you have significant caring responsibilities for under the age of 18:

Reason for referral:

ALCOHOL

What do you drink?	
How much do you drink?	
How many days a week do you drink this way?	
How long have you been drinking this way?	
What do you want to do about your drinking? e.g stop completely or reduce?	

DRUGS

What do you use?	
How much do you use?	
How many days a week do you use?	
How long have you been using?	
How do you use? e.g smoking / snorting / injecting?	

Do you have any physical and/or mental health issues?

To allocate your referral to the most appropriate service, it is very important for you to complete this form as accurately as possible.

Your referral will be discussed with Social Work's Substance Misuse Team (SMT), NHS Lanarkshire's Lanarkshire Alcohol and Drug Service (LAADS) and Meridian service (who offer a free one-to-one alcohol and drug service for individuals and family members affected by alcohol and drug problems).

By completing this form we will accept this as your permission to discuss your information as appropriate with these services unless indicated below.

If you do not wish your referral to be discussed with Social Work's Substance Misuse Team (SMT) and/or Meridian service, please indicate this below:

I do not wish my referral to be discussed with Social Work's Substance Misuse Team (SMT) and/or Meridian (TICK BOX)

If you indicate this preference your referral will only be discussed with NHS Lanarkshire's Lanarkshire Alcohol and Drug Service (LAADS). However, this may result in a delay in you receiving the most appropriate service.

"All Lanarkshire libraries now have a healthy reading section with a wide range of mental health and well-being self-help leaflets, books, CDs, DVDs and web-based support. You will also find a wide range of information for mental health and well-being at element (eLanarkshire Mental Health Resources) visit: www.lanarkshirementalhealth.org.uk

*Should you need help urgently or if your mental health problems persist please contact your GP or out of hours NHS24 on 111. The following agencies may also help:
Breathing Space - 0800 83 85 87 (evenings and weekends) www.breathingspacescotland.co.uk or
Samaritans - 01698 429411 or 08457 90 90 90 (24hrs) www.samaritans.org*

*You may receive a phone call and/or text reminder to confirm your appointment with the service.
If you do not wish a phone call or text reminder please contact the above number to advise.*

Please note that it is your responsibility to advise the service of any changes to your personal details such as address and contact phone number(s).

Client Signature: _____

Date: ___ / ___ / ___